

1st Sunday of Lent March 6, 2022

Use this resource at home to guide your household's daily devotions.



Pray: Light a candle and open your devotion time with a prayer.

God of sustenance, you sent your son, Jesus, to be living bread for the world. Give us your living bread, that we may consume, and then share your everlasting life with others, for the sake of Jesus Christ, our savior and Lord. Amen.



Read: Read the key verse from Sunday's reading.

⁴⁸ *"I am the bread of life."* (John 6:48)



Reflect: Reflect on the scripture summary.

Jesus proclaimed that he is "the bread of life."

Although people had trouble understanding the words coming from the boy they once knew, Jesus' invitation is clear. He is the bread of life and we are invited to partake.



Connect: Connect in conversation with others in your household.

What was a high point of your day? What was a low point?

Besides food, what do you need to live? What do you think Jesus meant when he said, "I am the bread of life"?

For the littles: What do you think it was like sharing a meal with Jesus?



Bless: Close your devotion with a blessing.

May God fill you with sustenance. Amen.



Do: By acting on what we learn, we make God's word come alive. Do the following activity this week.

Research a food manufacturer or farm near you. Take a field trip to the location and learn what you can about how food is grown, cultivated, and processed for consumption. Consider how knowing where your food comes from shapes your food choices.



Go Deeper: Go to clergystuff.com/daily-devotions for devotions on the daily readings.

Sunday: John 6:35-40 (I AM the bread of life)

Monday: Psalm 34:1-10

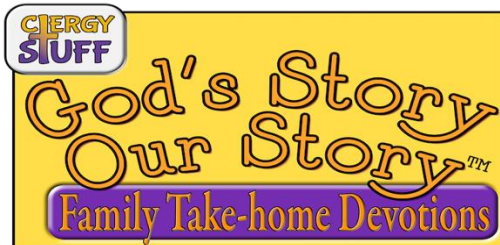
Tuesday: I Corinthians 11:23-26

Wednesday: Exodus 16:4

Thursday: Acts 2:42

Friday: Isaiah 58:6-7

Saturday: Psalm 107:1-9



Bread of Life



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Reflect on the scripture

summary.

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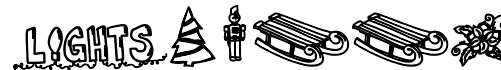
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Close your devotion

with a blessing.

May God fill you with sustenance. Amen.



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Sunday, John 6:35-59, Bread of Life

Monday, Psalm 34:1-10

Tuesday, John 6:60-71, Words of Eternal Life

Wednesday, John 7:1-9, The Unbelief of Jesus' Brothers

Thursday, John 7:10-24, Festival of Booths

Friday, John 7:25-31, Is This the Christ?

Saturday, John 7:32-36, Officers Are Sent to Arrest Jesus